

Movement Pavilion Schedule

8:35 a.m. – 8:50 a.m. Parkinson Voice Project
8:55 a.m. – 9:15 a.m. Yoga – Indra’s Grace
9:15 a.m. – 9:45 a.m. Move/Laugh/Connect – DAPS
10:10 a.m. – 10:25 a.m. Dance for Parkinson’s
10:30 a.m. – 10:55 a.m. LSVT – Rehab Synergies
11:00 a.m. – 11:25 a.m. Tai Chi – Tribe Wellness
11:30 a.m. – 11:55 a.m. Boxing – Title One Boxing
12:00 p.m. – 12:25 p.m. Yoga – Ageless Grace