

# You Can Make an Impact

Every dollar raised through Moving Day stretches far, helping the Parkinson's Foundation further our mission to make life better for people with Parkinson's disease (PD). Here are some examples of how you can help us make an impact:

## \$50

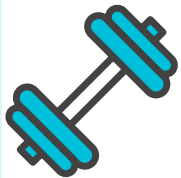


Puts **Parkinson's Foundation educational publications** directly in the mailboxes of five people living with PD at no cost to them, helping them navigate every stage of the disease.

## \$100



Mails free education resource packets to 10 people **newly diagnosed with PD**, empowering them to take control of their health from the outset of their journey.



## \$250

Provides two **exercise classes** for people with Parkinson's, at no cost to them, helping them stay active and connect with others fighting PD.

## \$500



Allows our **Helpline** team to support 20 callers, providing resources, referrals and key PD information to people living with Parkinson's, family members and healthcare professionals.

## \$1000



Gives critical funding to our **research grants**, allowing more scientists to work toward a breakthrough in Parkinson's treatments and care.

## \$2000

Supports genetic testing and counseling to a person with Parkinson's at no cost to them through our **PD GENERation: Mapping the Future of Parkinson's Disease** initiative.



Join the fight against Parkinson's. Donate today and help improve care and advance research toward a cure. Visit [MovingDayWalk.org](https://MovingDayWalk.org).